

EOSSAA Wrestling Rules and Regulations

Revised 2016

EOSSAA Wrestling Playing Regulations

(Boys and Girls)

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**EOSSAA Wrestling Playing Regulations (Boys and Girls)**

“The sole basis for the very existence of high school sport is the contribution it makes to the general educational experience of those students who participate.”

**Playing Regulations:****1. Date**

The EOSSAA Wrestling Championships shall be held approximately two weeks prior to the OFSAA wrestling championships. (EOSSAA wrestling is generally held in mid February.)

**2. Location:**

The location of the Championship shall be determined through the online bidding process on the EOSSAA website no later than the Spring Executive Meeting. The host will be confirmed at the EOSSAA Annual General Meeting held in June. Current practice is that a vote is held at the EOSSAA Wrestling Championships to select the host for the following school year. However, if no host exists online by the Spring Executive Meeting then the Championship will open to all schools.

**3. Weight Classes:**

The weight classes shall be contested as per current OFSAA regulations.

**a) Boys**

Sixteen (16) weight classes will be contested:

38 Kilograms	51 Kilograms	64 Kilograms	83 Kilograms
41 "	54 "	67.5 "	89 "
44 "	57.5 "	72 "	95 "
47.5 "	61 "	77 "	130 "

**(b) Girls**

Thirteen (13) weight classes will be contested:

41 Kilograms	54 Kilograms	64 Kilograms	77 Kilograms
44 "	57.5 "	67.5 "	83 "
47.5 "	61 "	72 "	115 "
51 "			

In order to compete in the **130kg** class, a boy wrestler must weigh in at a **minimum** of 95 kilograms; in order to compete in the 115kg class, a girl wrestler must weigh in at a **minimum** of 83 kilograms.

4. **EOSSAA Tournament Structure and Procedure:**

- A) Weigh-ins shall be conducted between 8:00am and 9:00am on the day of the tournament.
- B) Weigh ins shall be conducted by qualified OAWOA officials. If OAWOA officials are not available, 3 coaches from 3 different teams will conduct the weigh-in.
- C) All wrestlers must weigh-in, in a singlet.
- D) Weight Loss: the CAWA CADET age group rules regarding artificial Weight loss, for example the use of saunas, sauna suits, garbage bags, laxatives, etc. as stipulated in the CAWA rule book, are in effect at the EOSSAA championships.
- E) Athletes shall be checked for skin conditions by qualified OAWOA officials that may bring risk to other competitors.
- F) The EOSSAA Championship shall be a single elimination tournament with a Consolation round which accommodates losers of bouts on the championship side of the draw.
- G) Wrestlers who encounter one another for the second time during the tournament will wrestle (only on consolation side).
- H) All competitors shall shake hands with one another at the beginning of each match. At the end of each match they shall again shake hands with each other, with the referee and with the opposing coach.
- I) A wrestler shall not remove his/her singlet straps until he/she has returned to his/her corner, after the match is over.
- J) Length of matches will be as per current OFSAA Policy which as of OFSAA Sept. 2015 regs is two 2 minutes rounds with 30 second break in between rounds. The tournament shall decide **places one through four.**
- K) Wrestlers should have a minimum of 20 minutes between matches. The time a match is completed should be recorded on the bout sheet.
- L) A round robin format shall be used for weight classes with 3 wrestlers.

- M) **Injury/Blood Time:** If a bout is interrupted due to injury, the referee may stop the match for two minutes (three minutes for blood cleanup), with the discretion of the convenor or the head official to extend the time pending availability of medical personnel.

## 5. Seeding:

The following shall be the seeding criteria for the EOSSAA Championship event:

- A) A defending EOSSAA champion - if there are two, the champion from the higher weight class from the previous year shall be seed # 1.
- B) EOSSA Championship finalist from the previous year. If two, the finalist from the higher weight class the previous year receives the higher seed.
- C) EOSSAA Consolation winner from the previous year. If two, the finalist from the higher weight class the previous year receives the higher seed.
- D) 1) Canadian Junior Freestyle Champion  
2) Canadian Juvenile Freestyle champion  
3) Canadian Cadet Freestyle champion
- E) To the greatest extent possible, wrestlers from the same school will be set into the draw so they shall not meet in the first round of the Championship Tournament. If two wrestlers are from the same school, they shall be placed on opposite sides of the draw, unless seeding dictates otherwise. All wrestlers shall be considered for seeding.
- F) The seeding of a maximum of eight (8) wrestlers per weight class shall be conducted at the Coaches' meeting.
6. **Entry:** Entries and entrance fees will be set and received by the conveners at the tournament.
7. **Expenses:** A) An entry fee shall be charged which shall be sufficient to cover the operating costs of the tournament.
- B) Each school attending the championship will be responsible for arranging and financing their own travel, meals and accommodation, if required.
- c) The EOSSAA convener is to include a Financial Statement with the Convener's Report.

**8. Eligibility:**

- a) All players must be eligible under the EOSSAA Constitution, By-Laws and Transfer Policy.
- b) have participated as a member of a bona fide high school program during the wrestling season in a minimum of 12 practices at a location where the majority of his/her high school practices are held under the supervision of a teacher/coach as certified by the school principal.

**9. Team Eligibility: A coach must submit to the EOSSAA Convenor before play:**

- a) Code of behavior form
- b) A copy of the AELS form to be emailed to convenor ahead of time and/or printed and submitted to the convenor.
- c) OFSAA Letter of Intent Form
- d) Photo Release form,
- e) signed "Release of Liability" forms \*\*\*Check at EOSSAA Meeting\*\*\*
- f) A team is considered ineligible if the above information is not provided.

**10. Supervision:**

For individual sports (those sports in which athletes from a school qualify for Federation competition as individuals), the principal of the school may designate an adult who is not a teacher to accompany the athletes to an EOSSAA Championship. In addition, a teacher, or retired teacher, must be present and on site and designated by the principal to be responsible for the athlete(s). \*\*\*DO we need wording to confirm that we are aware this contradicts our constitution but will allow this for Wrestling\*\*\*\*

**11. Rules:** The current OFSAA Wrestling Rule book shall govern all competition at the EOSSAA Championship.

**12. Awards:** As per EOSSAA guidelines:

- A) There will be a separate Boys' and Girls' team trophy
- B) The team scoring the most combined points shall receive the team trophy (Tom Mastantuono Trophy).
- C) Top three finishers in Individual weight classes shall receive EOSSAA medals (gold, silver, bronze).
- D) Points for the use of team scores shall be used as follows:  
1<sup>st</sup> place = 10 points, 2<sup>nd</sup> = 7 points, 3<sup>rd</sup> = 5 points, 4<sup>th</sup> = 3 points

E) Only 1 wrestler per school per weight class will be allowed to score team points.

13. **Department:** All teams agree to follow their school code of conduct as well as the code of conduct for EOSSAA, and OFSAA. This applies to athletes, managers, coaches, and other such supervisors/officials.

All teams will provide the appropriate, required supervision for their team. Supervisors must be authorized in writing, by the Principal of the school that the athletes are representing. Registration materials shall only be given to the authorized supervisor(s).

14. **OFSAA Entry:**

Two or three wrestlers in each weight class shall be eligible to advance to OFSAA (See most current OFSAA Playing Regulations for the exact number of entries per weight class). A wrestler who has signified his/her intention to attend OFSAA but finds that he/she is unable to attend OFSAA must contact the EOSSAA convener immediately so that the next highest finisher may be contacted to take his/her place.

Coaches are to bring sufficient funds to EOSSAA to cover the costs of the OFSAA Registration fee to the tournament. The convener will notify coaches the fee to participate in OFSAA as part of the convener package.

The top two wrestlers from each category advance to OFSAA. In the event that the 2nd and 3rd place finishers have not met, the 3rd place finisher may challenge the 2nd place finisher. The 2nd place finisher must accept the challenge or default his/her right to advance to the OFSAA championships. NOTE: Medal placement is not affected by the results of this challenge match, only the right to go to OFSAA is decided.

15. **Jury of Appeal (Protest Committee)**

The Jury of Appeal shall consist of three (3) individuals: a member of the EOSSAA Wrestling Sport Advisory Committee, the head official or designate and the Championship Convener or designate if the convener is directly involved in the protest. The Jury of Appeal shall handle disputes which fall within the realm of:

- (a) Tournament Structure and Procedure;
- (b) Rules and Officials;
- (c) Uniforms and Equipment;

(d) Scoring

(e) Match Protests

A report of the Jury of Appeal decisions (other than match protests), shall be forwarded to the Board of Reference - Sanctions.

#### Match Protest Policy

EOSSAA will follow CAWA open rules for match protests. Protest fee if applicable will be \$25 (returnable if protest is upheld)