

OFSAA 2017 Track and Field Championship Practice Form

Association: EOSSAA

School Name: _____

Date: _____

Athlete Name	March wk 1	March wk 2	March wk 3	March wk 4	April week 1	April week 2	April week 3	April week 4	May week 1	May week 2	May week 3	May week 4	June week 1	Total # of Practices

Any athlete participating in an OFSAA Championship or an OFSAA qualifying event must have participated as a member of a bona fide high school program during the school season (March to June), in a minimum number of practices (sixteen (16)), at a location where the majority of their high school practices are held under the supervision of a teacher-coach as certified by the high school principal.

Coach: _____

School Principal: _____